



DECEMBER 2016: K-8 Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
|  <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p> | | | | |
| | | | <p>New York Thursday 1</p> <p>Upstate Farms® Cherry Vanilla Yogurt</p> <p>Nature Valley™ Oats 'n Honey Granola Bar</p> <p>Champlain Valley NY Apple Slices</p> | <p>2</p> <p>Cheese Omelet Buttermilk Biscuit</p> <p>San Franola Granola Bowl®</p> <p>100% Fruit Juice</p> |
| <p>5</p> <p>Egg & Cheese Pita</p> <p>Honey Corn Bread</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>100% Fruit Juice</p> | <p>6</p> <p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Organic Stonyfield® Yogurt Served with Craisins & Granola</p> <p>Fresh Orange Slices</p> | <p>7</p> <p>French Toast Sticks Served with Syrup Turkey Canadian Bacon</p> <p>Hot Oatmeal Warm Peach Topper</p> <p>100% Fruit Juice</p> | <p>New York Thursday 8</p> <p>Yogurt Parfait</p> <p>Whole Grain Croissant with Grape Jelly</p> <p>Honey Roasted Sunflower Seeds</p> <p>Fresh NY Apple</p> | <p>9</p> <p>Bacon, Egg & Cheese in Soft Wrap</p> <p>Multigrain Cheerios</p> <p>Upstate Farms® Yogurt</p> <p>100% Fruit Juice</p> |
| <p>12</p> <p>Egg & Cheese Breakfast Sandwich</p> <p>Warm Very Berry Bread</p> <p>Land O'Lakes® Colby Cheese</p> <p>100% Fruit Juice</p> | <p>13</p> <p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Organic Stonyfield® Yogurt Served with Craisins & Granola</p> <p>Fresh Orange Slices</p> | <p>14</p> <p>Buttermilk Pancakes Served with Syrup Turkey Sausage Patty</p> <p>Hot Oatmeal</p> <p>100% Fruit Juice</p> | <p>New York Thursday 15</p> <p>Upstate Farms® Peach Yogurt</p> <p>Zucchini Bread</p> <p>Champlain Valley NY Apple Slices</p> | <p>16</p> <p>Cheese Omelet Soft Wrap with Salsa</p> <p>Back to the Roots Organic® Cinnamon Cereal Bowl</p> <p>100% Fruit Juice</p> |
| <p>19</p> <p>Beef Sausage & White Cheddar Sandwich</p> <p>Warm Banana Bread</p> <p>Land O'Lakes® Colby Cheese</p> <p>100% Fruit Juice</p> | <p>20</p> <p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Organic Stonyfield® Yogurt Served with Craisins & Granola</p> <p>Fresh Orange Slices</p> | <p>21</p> <p>Tasty Waffles Served with Syrup Turkey Canadian Bacon</p> <p>Hot Oatmeal Warm Peach Topper</p> <p>100% Fruit Juice</p> | <p>New York Thursday 22</p> <p>Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola</p> <p>Whole Grain Croissant</p> <p>Honey Roasted Sunflower Seeds</p> <p>Fresh NY Apple</p> | <p>23</p> <p>Turkey Chirizo Breakfast Burrito with Taco Sauce</p> <p>Back to the Roots Organic® Purple Corn Flakes Bowl</p> <p>100% Fruit Juice</p> |
| <p>Winter Recess 26</p> <p>Turkey Bacon, Egg & Cheese Breakfast Toast</p> <p>Blueberry Yogurt Bread</p> <p>Land O'Lakes® Cheddar Cheese</p> <p>100% Fruit Juice</p> | <p>Winter Recess 27</p> <p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Organic Stonyfield® Yogurt Served with Craisins & Granola</p> <p>Fresh Orange Slices</p> | <p>Winter Recess 28</p> <p>Cinnamon Pancakes Served with Syrup Turkey Sausage Patty</p> <p>Hot Oatmeal</p> <p>100% Fruit Juice</p> | <p>Winter Recess 29</p> <p>Upstate Farms® Cherry Vanilla Yogurt</p> <p>Nature Valley™ Oats 'n Honey Granola Bar</p> <p>Champlain Valley NY Apple Slices</p> | <p>Winter Recess 30</p> <p>Cheese Omelet Buttermilk Biscuit</p> <p>San Franola Granola Bowl®</p> <p>100% Fruit Juice</p> |

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, 100% Fruit Juice, Assorted Cold Cereal

Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, San Franola Granola Bowl, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

K to 8 Breakfast Menu



MENUS ARE SUBJECT TO CHANGE