




## APRIL 2017 K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CHICKEN DELIGHTS</b>	<b>BURGER BASH</b>	<b>CULINARY</b>	<b>NEW YORK</b>	<b>PIZZA PARTY</b>
3 <b>Popcorn Chicken</b> Dipping Sauce Cup  <b>Macaroni and Cheese</b>  <u><b>Eat Your Colors</b></u> Garlicky Green Beans  <u><b>Salad Bar</b></u> Broccoli and Cranberry Salad	4 <b>100% Beef Cheeseburger Sliders</b> Deluxe Toppings  <b>Fish &amp; Cheese Sandwich</b> Deluxe Toppings  <u><b>Eat Your Colors</b></u> French Fries <u><b>Salad Bar</b></u> Caesar Salad	5 <b>Roasted Guisada Chicken Drummie</b>  Yellow Rice & Beans  <u><b>Eat Your Colors</b></u> Orange Roasted Carrots  <u><b>Salad Bar</b></u> Celery & Apple Salad	6 <b>New York Thursday</b> <b>Mozzarella Sticks</b> Marinara Sauce  <b>Toasty Bread Stick</b>  <u><b>Eat Your Colors</b></u> <b>Kale Salad with Orange Ginger Dressing</b> <u><b>Salad Bar</b></u> Ranch Carrot Snacker <b>NY Apples</b>	7 <b>Classic Cheese Flatbread Pizza</b>    <u><b>Eat Your Colors</b></u> Roasted Chick Peas  <u><b>Salad Bar</b></u> Sliced Cucumbers
10 <b>Popcorn Chicken</b> Dipping Sauce Cup  Dinner Roll  <u><b>Eat Your Colors</b></u> <b>Brooklyn Baked Beans</b>  <u><b>Salad Bar</b></u> Greek Zucchini Salad	11 <b>Turkey Burger</b> Deluxe Toppings   <u><b>Eat Your Colors</b></u> French Fries  <u><b>Salad Bar</b></u> Marinated Vegetable Salad	12 <b>Cheesy Beef Tacos</b> With Fresh Toppings Taco Sauce Brown Rice  <u><b>Eat Your Colors</b></u> Green Garden Salad  <u><b>Salad Bar</b></u> Confetti Corn Salad	13 <b>Spring Recess</b>  <b>Jamaican Patty</b>  <b>Toasty Bread Stick</b>  <u><b>Eat Your Colors</b></u> Sweet Potato Waffle Fries <u><b>Salad Bar</b></u> Spring Mix Salad <b>Champlain Valley NY Apple Slices</b>	14 <b>Spring Recess</b>  <b>Mozzarella Sticks</b> Marinara Sauce   <u><b>Eat Your Colors</b></u> Marinated Green Beans  <u><b>Salad Bar</b></u> Spinach, Tomato & Roasted Red Pepper Salad
17 <b>Popcorn Chicken</b> Dipping Sauce Cup  Toasty Breadstick  <u><b>Eat Your Colors</b></u> Sweet Potato Wedges  <u><b>Salad Bar</b></u> Italian Classico Salad	18 <b>Fish &amp; Cheese Sandwich</b> Deluxe Toppings   <u><b>Eat Your Colors</b></u> Sofrito Seasoned Black Beans  <u><b>Salad Bar</b></u> Asian Slaw	19 <b>Teriyaki Popcorn Chicken</b>  Sesame Lo-Mein  <u><b>Eat Your Colors</b></u> Egg Roll with Duck Sauce  <u><b>Salad Bar</b></u> Marinated Green Beans	20 <b>New York Thursday</b> <b>Steak and Cheese Empanada</b>  <b>Cookie Treat</b>  <u><b>Eat Your Colors</b></u> French Fries  <u><b>Salad Bar</b></u> Spring Mix Salad <b>NY Apples</b>	21 <b>Earth Day</b>  <b>Classic Cheese Flatbread Pizza</b>    <u><b>Eat Your Colors</b></u> <b>Kale Salad</b>  <u><b>Salad Bar</b></u> Carrot & Lemon Salad
24 <b>Crispy Chicken Parmigiana Sandwich</b>   <u><b>Eat Your Colors</b></u> Italian Chickpeas  <u><b>Salad Bar</b></u> Spring Mix Salad	25 <b>100% Grass Fed Beef Cheeseburger</b> Deluxe Toppings  <b>Turkey Burger</b> Deluxe Toppings <u><b>Eat Your Colors</b></u> Sweet Potato Waffle Fries <u><b>Salad Bar</b></u> Ranch Carrot Snacker <b>New York Apple Slices</b>	26 <b>Steamed Chicken Dumplings</b> with Asian Dipping Sauce  Vegetable Fried Rice  <u><b>Eat Your Colors</b></u> <b>Roasted Zucchini</b>  <u><b>Salad Bar</b></u> Asian Slaw	27 <b>New York Thursday</b> <b>Chicken Cordon Bleu Sandwich</b>  <u><b>Eat Your Colors</b></u> Sweet Plantains  <u><b>Salad Bar</b></u> Italian Classico Salad <b>Champlain Valley NY Apple Slices</b>	28 <b>Mozzarella Sticks</b> Marinara Sauce    <u><b>Eat Your Colors</b></u> Green Garden Salad  <u><b>Salad Bar</b></u> Greek Zucchini Salad

EVERY **KiD** HEALTHY™

April 24-28 is Every Kid Healthy Week



EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, and Cheese Sandwiches  
Offered Tuesday, Wednesday & Thursday: Plain Turkey Sandwich with Deli Condiments  
Offered Monday & Friday: Hummus & Whole Wheat Crackers (8 packs) or Pretzel Grab & Go  
Dressings: Asian Sesame, Balsamic Vinaigrette, Caesar, Chipotle Ranch, Ranch, French, Honey Mustard, Italian Vinaigrette  
Dipping Sauce Cups: BBQ, Honey Mustard, Ranch

K-8 Lunch Menu