



## JANUARY 2017: K-8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Winter Recess</b> 2 <b>Turkey Bacon, Egg &amp; Cheese Breakfast Toast</b> <b>Blueberry Yogurt Bread</b> <b>Land O'Lakes® Cheddar Cheese</b> 100% Fruit Juice	3 <b>Whole Grain Bagel</b> with Cream Cheese & Jelly <b>Organic Stonyfield® Yogurt</b> Served with Craisins & Granola Fresh Mandarins	4 <b>Cinnamon Pancakes</b> Served with Syrup <b>Turkey Sausage Patty</b> <b>Hot Oatmeal</b> Warm Peach Topper 100% Fruit Juice	<b>New York Thursday</b> 5 <b>Upstate Farms® Cherry Vanilla Yogurt</b> <b>Nature Valley™ Oats 'n Honey Granola Bar</b> <b>Fresh NY Apples</b>	6 <b>Cheese Omelet</b> <b>Buttermilk Biscuit</b> San Franola Granola Bowl® <b>Hot Oatmeal</b> 100% Fruit Juice
9 <b>Egg &amp; Cheese Breakfast Sandwich</b> <b>Warm Very Berry Bread</b> <b>Land O'Lakes® Colby Cheese</b> 100% Fruit Juice	10 <b>Whole Grain Bagel</b> with Cream Cheese & Jelly <b>Organic Stonyfield® Yogurt</b> Served with Craisins & Granola Fresh Tangerines	11 <b>French Toast Sticks</b> Served with Syrup <b>Turkey Sausage Patty</b> <b>Hot Oatmeal</b> Warm Peach Topper 100% Fruit Juice	<b>New York Thursday</b> 12 <b>Upstate Farms® Strawberry Yogurt</b> <b>Zucchini Bread</b> <b>Honey Roasted Sunflower Seeds</b> <b>Champlain Valley NY Apple Slices</b>	13 <b>Cheese Omelet</b> <b>Soft Wrap</b> with Salsa Back to the Roots Organic® Cinnamon Cereal Bowl <b>Hot Oatmeal</b> 100% Fruit Juice
<b>Martin Luther King Jr.</b> 16 <b>Egg &amp; Cheese Breakfast Sandwich</b> <b>Warm Cinnamon Apple Bread</b> <b>Land O'Lakes® Colby Cheese</b> 100% Fruit Juice	17 <b>Whole Grain Bagel</b> with Cream Cheese & Jelly <b>Organic Stonyfield® Yogurt</b> Served with Craisins & Granola Fresh Mandarins	18 <b>Buttermilk Pancakes</b> Served with Syrup <b>Turkey Sausage Patty</b> <b>Hot Oatmeal</b> Warm Peach Topper 100% Fruit Juice	<b>New York Thursday</b> 19 <b>Upstate Farms® Peach Yogurt</b> <b>Whole Grain Croissant</b> <b>Fresh NY Apples</b>	20 <b>Bacon, Egg &amp; Cheese on an English Muffin</b> Back to the Roots Organic® Cinnamon Cereal Bowl <b>Hot Oatmeal</b> 100% Fruit Juice
23 <b>Beef Sausage &amp; White Cheddar Sandwich</b> <b>Warm Banana Bread</b> <b>Land O'Lakes® Colby Cheese</b> 100% Fruit Juice	24 <b>Whole Grain Bagel</b> with Cream Cheese & Jelly <b>Organic Stonyfield® Yogurt</b> Served with Craisins & Granola Fresh Tangerines	25 <b>Tasty Waffles</b> Served with Syrup <b>Turkey Canadian Bacon</b> <b>Hot Oatmeal</b> Warm Peach Topper 100% Fruit Juice	<b>New York Thursday</b> 26 <b>Upstate Farms® Strawberry Banana Yogurt</b> <b>Apple Cinnamon Granola</b> <b>Zucchini Bread</b> <b>Honey Roasted Sunflower Seeds</b> <b>Champlain Valley NY Apple Slices</b>	27 <b>Egg &amp; Cheese Pita</b> Back to the Roots Organic® Purple Corn Flakes Bowl <b>Hot Oatmeal</b> 100% Fruit Juice
30 <b>Turkey Bacon, Egg &amp; Cheese Breakfast Toast</b> <b>Blueberry Yogurt Bread</b> <b>Land O'Lakes® Cheddar Cheese</b> 100% Fruit Juice	31 <b>Whole Grain Bagel</b> with Cream Cheese & Jelly <b>Organic Stonyfield® Yogurt</b> Served with Craisins & Granola Fresh Mandarins			

**Offered Daily:** Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, 100% Fruit Juice, Assorted Cold Cereal

**Cold Cereal Choices:** Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

**Breakfast Dipping Sauces (served with all hot sandwiches ONLY):** Ketchup, Hot Sauce, Salsa

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