



OCTOBER 2017: Pre-K 3 - Grade 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
2	3	4	5	6
<p>French Toast Dippers Served with Syrup</p> <p>Turkey Sausage Patty</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>Hot Oatmeal Warm Peach Topper</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Canadian Bacon, Egg & Cheese on an English Muffin</p> <p>Organic Stonyfield® Yogurt</p> <p>Served with Craisins & Granola</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>New York Thursday</p> <p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Warm Blueberry Loaf</p> <p>Cheese Omelet with Buttermilk Biscuit</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
9	10	11	12	13
<p>Tasty Waffles Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Back to the Roots® Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Hot Oatmeal Warm Peach Topper</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Beef Sausage & White Cheddar Sandwich</p> <p>Organic Stonyfield® Yogurt</p> <p>Served with Craisins & Granola</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>New York Thursday</p> <p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>New York Apple Slices</p>	<p>Whole Grain Croissant Served with Jelly</p> <p>Turkey Sausage Crumble Egg & Cheese Wrap</p> <p>Back to the Roots® Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
16	17	18	19	20
<p>Buttermilk Pancakes Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Back to the Roots® Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>Hot Oatmeal Warm Peach Topper</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Cheese Omelet with a Buttermilk Biscuit</p> <p>Organic Stonyfield® Yogurt</p> <p>Honey Roasted Sunflower Seeds</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>New York Thursday</p> <p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>New York Apple Slices</p>	<p>Warm Honey Corn Loaf</p> <p>Turkey Sausage, Egg & Cheese on a Soft Roll</p> <p>Back to the Roots® Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
23	24	25	26	27
<p>French Toast Dippers Served with Syrup</p> <p>Turkey Sausage Patty</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>Hot Oatmeal Warm Peach Topper</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Canadian Bacon, Egg & Cheese on an English Muffin</p> <p>Organic Stonyfield® Yogurt</p> <p>Served with Craisins & Granola</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>New York Thursday</p> <p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Warm Blueberry Loaf</p> <p>Cheese Omelet with Buttermilk Biscuit</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
30	31			
<p>Tasty Waffles Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Back to the Roots® Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Happy Halloween</p> <p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Hot Oatmeal Warm Peach Topper</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>		 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	

<p><u>Milk</u></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p><u>Seasonal Fresh Fruit</u> Apples, Oranges, Bananas, Pears</p> <p><u>Canned Fruit</u> Peaches, Pears, Pineapples</p>	<p><u>OFFERED DAILY</u></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Pre-K 3 - Grade 8 Breakfast Menu</p>	<p><u>100% Fruit Juice</u> Apple, Fruit Punch, Grape, Orange</p> <p><u>Breakfast Dipping Sauces:</u> Ketchup, Hot Sauce, Salsa</p>	<p><u>Cold Cereal Choices</u></p> <p>Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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