



**SEPTEMBER 2017 Pre-K 3 - Grade 8 Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CHICKEN DELIGHTS</b>	<b>BURGER BASH</b>	<b>CULINARY</b>	<b>NEW YORK</b>	<b>PIZZA PARTY</b>
Labor Day 4	5	6	First Day of Classes 7	8
<b>Classic Tuna</b> on <b>Ciabatta Bread</b>  <b>Mozzarella Sticks</b> Marinara Sauce  <b>Garlic Knot</b>  <b>Parmigiana Roasted Cauliflower</b>  <b>Salad Bar</b> Broccoli and Cranberry Salad	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burger</b> Burgers served with Lettuce, Tomato & <b>New York Onion</b>  <b>Sweet Potato Waffle Fries</b>  <b>Salad Bar</b> Carrot & Lemon Salad	<b>Bite Size Beef Tacos</b> Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce <b>Baked! Tostitos® Scoops® Brown Rice</b>  <b>Teriyaki Chicken Sliders</b>  <b>Sweet Plantains</b> <b>Seasoned Pinto Beans</b> <b>Salad Bar</b> Fresh Cilantro Slaw	<b>Popcorn Chicken</b> Dipping Sauce Cup  <b>Mac-N-Cheese</b>  <b>French Fries</b>  <b>New York Cookie Treat</b>  <b>Salad Bar</b> Kale Salad <b>Fresh New York Apples</b>	<b>French Bread Pizza</b>  <b>Meat Lovers Pizza</b> Bacon & Sausage  <b>Fruit Juice Ice</b>  <b>Garlic Knot</b>  <b>Green Garden Salad</b> <b>Salad Bar</b> Italian Marinated Cucumber Salad
11	12	13	<b>New York Thursday</b> 14	15
<b>Chicken Parmigiana</b> on a <b>New York Bun</b>  <b>Garlic Toast</b>  <b>Roasted Zucchini</b>  <b>Salad Bar</b> Italian Classico Salad	<b>100% Beef Hamburger &amp; Cheeseburger Sliders</b>  <b>Turkey Burger</b> Burgers served with Lettuce Tomato & <b>New York Onion</b>  <b>Frito-Lay® SunChips®</b>  <b>Orange Glazed Carrots</b> <b>Salad Bar</b> Caesar Salad	<b>"Super Chef" Shepard's Pie</b> A Delicious Blend of Mashed Potatoes, Turkey, & Cheese  <b>Warm Dinner Roll</b> <b>Broccoli Trees</b>  <b>Salad Bar</b> Confetti Corn Salad	<b>Jamaican Beef Patty</b>  <b>Mozzarella Sticks</b> Marinara Sauce  <b>New York Hot Pretzel</b>  <b>"Party Fries"</b>  <b>Salad Bar</b> Celery & Apple Salad <b>New York Apple Slices</b>	<b>French Bread Pizza</b>  <b>Bruschetta Pizza</b> Fresh Tomatoes & Onions  <b>Chickpea Salad</b> <b>Hot Confetti Corn</b>  <b>Salad Bar</b> Roasted Broccoli & Cauliflower Salad
18	19	20	<b>Rosh Hashanah</b> 21	<b>Rosh Hashanah</b> 22
<b>Popcorn Chicken</b> Dipping Sauce Cup  <b>Mac-N-Cheese</b>  <b>Fruit Juice Ice</b>  <b>Sweet Potato Wedge Fries</b> <b>Brooklyn Baked Beans</b>  <b>Salad Bar</b> Green Garden Salad	<b>100% Beef Bacon Cheddar Cheeseburger</b>  <b>Fish &amp; Cheese Sandwich</b> Burgers served with Lettuce, Tomato & <b>New York Onion</b>  <b>French Fries</b>  <b>Salad Bar</b> Greek Zucchini Salad	<b>Brunch</b> <b>Canadian Bacon, Egg &amp; Cheese</b> on a Bagel  <b>Mozzarella Sticks</b> Marinara Sauce  <b>Home Fries</b> <b>Garlicky Green Beans</b>  <b>Salad Bar</b> Spinach & Cranberry Salad	<b>Steamed Chicken Dumplings</b> with Asian Dipping Sauce  <b>Vegetable Fried Brown Rice</b> <b>Fruit Juice Ice</b>  <b>Egg Roll</b> with Duck Sauce  <b>Salad Bar</b> Asian Slaw <b>Fresh New York Apples</b>	<b>French Bread Pizza</b>  <b>Pizza Supreme</b> Sausage, Onions & Peppers  <b>Kid Friendly Kale Salad</b>  <b>Salad Bar</b> Fresh Marinated Vegetable Salad
25	26	27	<b>New York Thursday</b> 28	29
<b>Popcorn Chicken</b> Dipping Sauce Cup  <b>Warm Dinner Roll</b>  <b>Parmigiana Roasted Cauliflower</b>  <b>Salad Bar</b> Broccoli and Cranberry Salad	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burger</b> Burgers served with Lettuce, Tomato & <b>New York Onion</b>  <b>Sweet Potato Waffle Fries</b>  <b>Salad Bar</b> Carrot & Lemon Salad	<b>Bite Size Beef Tacos</b> Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce <b>Baked! Tostitos® Scoops® Brown Rice</b>  <b>Teriyaki Chicken Sliders</b>  <b>Sweet Plantains</b> <b>Seasoned Pinto Beans</b> <b>Salad Bar</b> Fresh Cilantro Slaw	<b>Classic Tuna</b> on <b>Ciabatta Bread</b>  <b>Mozzarella Sticks</b> Marinara Sauce  <b>New York Cookie Treat</b>  <b>French Fries</b>  <b>Salad Bar</b> Kale Salad <b>Fresh New York Apples</b>	<b>French Bread Pizza</b>  <b>Meat Lovers Pizza</b> Bacon & Sausage  <b>Fruit Juice Ice</b>  <b>Garlic Knot</b>  <b>Green Garden Salad</b> <b>Salad Bar</b> Italian Marinated Cucumber Salad
			<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>	

OFFERED DAILY				
<b>Entree Alternatives</b> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go	<b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate	<b>Seasonal Fresh Fruit</b> Apples, Oranges, Bananas, Pears  No Artificial flavors, colors, or sweeteners in all SchoolFood Products	<b>Dressings</b> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	<b>Pizza and Pasta Flavor Station</b> Granulated Garlic Red Pepper Flakes Parmesan Cheese  Pre-K 3 - Grade 8 Lunch Menu