

Public School 174

65-10 Dieterle Crescent

Rego Park, NY 11374

Cluster Program Goals : **Subject:** Movement Education **Month:** By the end of November...

e	Unit/Focus	Student Goals
	Exercise/Routines	Children will be exercising through songs/music. They will know how to dance like Sammy. Children will explore different movements while following instruction. They will be able to distinguish among walking, jogging, running and marching.
	Exercise/Routines	Children will be exploring different movements through racing. They will be able to run and hop in a race. Children will explore the concept of being a good sport. They will be able to shake hands at the beginning and end of a race.
	Tennis	Children will implement basic ball and racquet work. They will be able to push a ball in the direction of their choosing. Children will work cooperatively with partners. They will be able to use equipment safely.
	Hockey	Children will learn basic Hockey skills. They will learn to pass the puck. Children will work cooperatively with partners. They will be able to use equipment safely.

	Fitnessgram	Children will be training for Fitnessgram. They will be introduced to events.
		Children will improve their cardio-vascular capacity. They will increase amount of laps they are doing in Pacer.
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